**Principal's Report**

**Deputy Premier of Victoria Visit**
On Wednesday 15th June the Deputy Premier and Minister for Education, Mr James Merlino will visit the school to tour the current buildings and speak with students, parents and staff regarding the recent state funding provided to upgrade the school’s facilities.

**Term 2**
This term has seen a very full calendar of events, including transition activities for years 6-7 students and for our senior students transitioning from year 10-11. NAPLAN testing was completed for years 7 and 9 students in May and there have been a number of sporting teams compete at a school, district, regional and state level. We currently have a large number of students competing at the local Eisteddfod and achieving very pleasing results. Our drama and Eisteddfod participants had the opportunity to present mini performances to family and friends this term.

Students have participated in the annual Writers’ Camp at Lake Cullulleraine; an indigenous writers workshop and an arts trip to the National Gallery of Victoria. Other students are currently competing in the Maths Challenge and the National History Challenge. A team of students represented the school recently at Robinvale in a mock UN conference.

Students who attend Irymple SC have a wide range of extra-curricular opportunities and it is pleasing to see the high participation rate. A number of reports from those activities are included in this newsletter for your information.

**Secondary School Visits**
Over 140 students visited Irymple SC this week as part of the year 6-7 transition program. Students attended for two hours and participated in Science, Food and Wood classes, as well as having a delicious morning tea.

**Golf State Finals**
Tarsha Hawley and Lachie Timms recently participated in the state finals of golf in Melbourne. It was a particularly unpleasant day weather-wise and the course proved very challenging. Both Lachie and Tarsha played well under trying conditions and were outstanding representatives of the school.
Enrichment Program for Year 5 and 6 Students
This term the school has offered a range of enrichment programs for year 5 and 6 students from our feeder primary schools. The first round included 4 weeks of Maths, Wood, Writers Workshop, Puppet Making or Health and Fitness. The second round included 4 weeks of Science, Food, Ceramics and the History Challenge.

Participation has been high and the feedback from visiting students has been very positive. I would especially like to acknowledge and thank all staff involved. Staff who have provided the programs include Karen Boyce, Anthony Ryan, Kel Horkings, Jacquie Garrigan, Bill Sauer, Noeleen Davis, Karen Francis, Jarrod Kee, Todd Hughes, Michelle Barry, Gregor Allan, George Conner, Carlie Kee, Kerryn Pongraz, Lisa O’Neill, Loretta Clyne, Rebecca McClure, Paul Gibbons and Kara Taylor. Every week Angela Hung has provided afternoon tea for the students on arrival at the school.

Mrs Anne Symes and Mr Anthony Ryan have coordinated the program and their organisation has been outstanding. Their enthusiasm and commitment to this program has meant wonderful opportunities for primary students to experience a taste of secondary school life.

Mrs Robyn Blackie (Acting Principal)  blackie.robyn.m@edumail.vic.gov.au

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Parents and Carers
Do you find your teens use of social media confusing?
Can’t keep up with the latest?
Are you concerned about sexting and what the law is?

Wednesday, 15th June
6:30pm
Red Cliffs Secondary College library
(light supper provided)

This presentation will cover information around general social media use, bullying and cyberbullying, managing your child’s “digital footprint” and the laws around sexting.

Guest speakers will include:
- Allie Collyer, Community Legal Education Worker, Murray Mallee Legal Service
- Lisa Nguyen, Youth Solicitor, Murray Mallee Legal Service
- Leading Snr Constable Guy Fincher, Youth Resource Officer, Mildura Police

To RSVP your attendance, please call Sara Broster, Assistant Principal RCSC on 5024 1522 or email: Broster.sarah.j@edumail.vic.gov.au
Assistant Principal’s Report

Breakfast Club
More than 50 students attended special breakfast last Thursday with bacon and eggs on the menu - special home laid eggs provided by Helen. Staff were kept very busy keeping up to the demand.

Mrs Anne Symes – Assistant Principal  symes.anne.as@edumail.vic.gov.au

Mildura Senior College – Transition to Year 11
Last week Andrew Ough and Deanne Marr from Mildura Senior College visited our Year 10 students to talk about study skills, subject selection and what it is like at MSC. This is one of many visits that MSC will have for the successful transition to Senior College.

Mock UN Resolution

On the 26th May, 13 Year 9 and Year 10 students selected to represent Irymple Secondary College headed to Robinvale to take part in a mock UN Resolution addressing Ending Violence against Women and Girls. The conference was an opportunity for students to learn about international relations, the United Nations system and global issues in a fun, dynamic environment, while developing their negotiation and public speaking skills.

The conference was managed by the United Nations Association (Victorian Division) in partnership with Robinvale College and was sponsored by the Department of Education & Training.

ISC students were representing Afghanistan, Bolivia and Tuvalu had researched their country, prepared their speeches and had questions ready for the other countries on the day. The students had a wonderful day and were thankful for the opportunity to participate in the experience.

Mrs Sarah Doolan – Yr 9 & 10 Student Manager  cleary.sarah.m@edumail.vic.gov.au
On Tuesday 24th April, the Year 9 and 10 boys’ baseball team travelled to Melbourne to participate in the SSV (Vic) State Baseball Championships at Gilbert Park Knoxfield on Wednesday 25th April.

The boys only had time to unpack their training gear when we pulled up at the park, as coach and parent Shanhan Barrot wanted the boys to complete a practice session at the baseball park across the road. This served two purposes; to get rid of their “travel legs” and to expend some of the energy and exuberance that the boys had been displaying whilst travelling.

First up at the venue on Wednesday was a thorough training session to warm up for the day’s competition which started at 9:30am. The competition was divided into two sections. We were in Section B and had to play against three other teams. The team who finished with the most wins/highest score from their section would then qualify to play in the final against the winner from Section A.

First up we played a team from Cheltenham SC and after a tight game in the first 2 of the 3 innings, we pulled away in the 3rd innings to record a good confidence building win 6 runs to 1.

In the second game we played Viewbank SC. The game followed a very similar early pattern to our previous game and some of the boys seemed to be lacking a bit of focus and concentration, particularly in the second innings. Following this innings, coach Shanhan gave the boys a bit of a rev and this seemed to refocus them, with the boys grinding out a hard fought win 8 runs to 6.

The final section game was against Notre Dame College (Shepparton). After a blistering start where we scored 7 runs in the first innings, they then gave us a tough workout that prepared us well for the final. It made the boys dig deep and show they were the real deal with 4 runs in the 3rd innings to close out the game and win 11 runs to 7.

The other section winner was McKinnon SC who won their 3 games very convincingly, with scores of 12-1, 9-2 and 19-2. They certainly looked the goods and had performed as such and were going to be very difficult to beat!

The nerve-wracking final was going to be a battle of wills and the task was made even harder when it started to drizzle rain right on cue from the start of the match. We batted first and got off to a great start with 3 runs in the first innings. McKinnon matched our efforts through their first and second innings to even the score at 3 runs each at the bottom of the 2nd innings. The 3rd innings saw us get a crucial run to be up 4 runs to 3, with McKinnon having the chance to take the lead at the bottom of the 3rd innings. Tight pitching by Will Kortekaas in their 3rd dig left McKinnon scoreless, leaving the scores at 4-3 with 1 innings remaining.

Continued over page
The McKinnon pitcher closed out our 4th and final innings without us adding a run to leave us in a precarious position 1 run ahead, but the pressure was all on them to score in their final innings. Superb pitching by Will and magnificent fielding by our boys in the final innings, which included a double play to finish them off after they were 1 down and forcing play to 2nd and 3rd bases, saw our boys charge onto the field victorious 4 runs to 3.

After accepting the championship banner and medallions, speeches and then photos, the boys did a quick change out of their playing gear and then it was back on the bus and homeward bound.

Thanks must go to coach Shanhan Barrot who has the Midas touch with his successful coaching of the Yr. 7/8 boys State Champions last year and then with our Yr. 9/10 boys this year. Shanhan did a great job giving up a lot of his own time to coach and train the boys for an extensive period of time leading up to the championships. He was also able to pass on his extensive knowledge of the games skills, team plays and tactics to the boys which in my opinion proved the difference in the end.

Thanks also to the following people. Parent Wade Kerslake showed how a tyre should be changed and did the majority of the driving so that I could fulfil the navigation duties to get us where we needed to go. Former student Tristan Holmes came along and fulfilled line umpire and base coaching duties. Parent Nicole Lewis came down with partner Greg Print and fulfilled the scoring duties for the team, and last, but not least, parent Lyn Baker and ex-student Karlee who came down to support the team.

It must also be mentioned that the boys were exemplary in their behaviour and attitude throughout the trip. All in all it was a great trip capped off with the crowning glory of a state title for the team that consisted of:

Year 10s: Will Kortekaas (Captain), Nick Price, Liam Milton and Daniel Harberger.
Year 9s: Harley Holmes, Joel Trevaskis, Josh Stanley, Regan Kerslake, John Cooper, Angus Cole, Codi Cogan, Brodie Adams, Blayne Asimos and Connor Irwin

**Hockey Report**

On the weekend of the 21st and 22nd of May, the Sunraysia Hockey Junior representative sides made their way to Melbourne for the Junior Country Championships. A number of Irymple Secondary College students were in the teams and both the Under 15 boys’ and girls’ teams did well over the weekend, with both teams making it to the finals.

Both teams came runners up, which is a fantastic result.

Irymple Secondary College would like to congratulate our students who took part this tournament for their efforts over the weekend.

**U/15 boys** Jody Rayner, Julian Rayner, Sean Perry, Michael Penna and James Prictor
**U/15 girls** Hannah Benson, Isabel Wheatle, Brooklyn Trigg, Chloe Barker, Tamsin Mclean and Kali Smith
**U/13 girls** Latara Trigg

**Mr Steve Morrish - Sport Coordinator** morrish.steven.s@edumail.vic.gov.au
Year 10 Work Experience

Work Experience is an extremely important part of the Year 10 curriculum. All students must successfully complete 10 days of work experience in order to meet the requirements for Graduation.

2016 Work Experience Dates

Term 3 - week 1  July 11th to July 15th  Mid Semester Holidays – Week 1: June 27th to July 1st
Term 3 - week 2  July 18th to 22nd (snow camp week)  Mid Semester Holidays – Week 2: July 4th to July 8th

Use holiday dates above ONLY if necessary

No year 10 classes are held during this time so students can do their work placements.

Last date for submitting the work experience arrangement form (WHITE FORM) is 10th June 2016.

Students will be receiving their work experience pack (legal paperwork and a diary to complete). Later in term 3 students will be writing reports on their placement experience.

Please contact me for work experience related matters.

Mrs Sunita Kalkal - Work Experience Coordinator kalkal.sunita.s@edumail.vic.gov.au

ANTI-BULLYING COMMITTEE

BAKE SALE

WHY: To raise money for an anti-bullying mural and to get your ideas on how to prevent bullying.

WHEN: Lunchtime, Wednesday 15th June
WHERE: Student Centre
WHO: Everyone’s Invited
COST: $1 - $3 for something yummy
Year 7, 8 & 9 Girls Interschool Football

Girls Football was back in action again on Monday 30th May at Aerodrome Ovals, with ISC fielding a reasonably young, but excited team ready to take on the competition. The competition overall had improved from previous years, as women’s football continues to grow across Australia, but the Irymple girls were more than up for the challenge.

The team competed in four games across the day in a round robin tournament, playing against Merbein, Red Cliffs, St Josephs and Coomealla. The girls picked up the pace and style of the game very quickly and soon became the biggest threat to others in the competition.

The team was successful in all four games and as a result were the outright winners of the junior girls competition. Their high level of skills and team work was a standout.

All the girls who competed on the day are to be commended for their efforts and high level of sportsmanship shown. Best players on the day included Brooke Hards, Kendall Mclean, Kate Bennett, Megan Hammond, Paige Mclean and Shakara Delcastegne.

Thank you to all who tried out for the team and also a big thank you to Mrs Horkings for her support on the day, as well as Jake Lay, Emma Martin and Caleb Garraway who assisted with umpiring duties.

Mr Todd Hughes – Football Coach hughes.todd.r@edumail.vic.gov.au

Game 1
ISC 2.4 (16) DEF Merbein 0.0 (0)
Goals: Hards, Helms

Game 2
ISC 2.2 (14) DEF Red Cliffs 0.2 (2)
Goals: Hammond, K. Mclean

Game 3
ISC 3.2 (20) DEF St Josephs 0.3 (3)
Goals: Hammond 2, Schreiber

Game 4
ISC 5.5 (35) DEF Coomealla 0.0 (0)
Goals: Hards 3, Delcastegne, P. Mclean
Interschool Soccer
Irymple hearts were broken and there were gasps of despair when St. Joseph’s College scored 2 late goals to beat Irymple 2-1 in the Semi Final of the Interschool Soccer competition. The Intermediate boy’s soccer team had played beautiful football all day and even kept the highly fancied and eventual champions Chaffey to a 2-2 draw in the final group game.

It was disappointing for the team not to make the final after scoring early in the second half of the semi with a wonderful goal from Ross Panaretos. Two brief lapses in concentration caused our day to finish early. St. Joseph’s College pounced on our mistakes to find the back of the net on both occasions to send us packing. Lead strongly by Captains, Brak Zambelli and Ross Panaretos, Irymple showed real class and patience in the first group match by beating Trinity 2 nil. Second-half goals to Nick Price and Ross Panaretos were reward for a dominant display as our boys controlled the match from the first whistle to the last. During our second group game against Coomealla, we controlled possession for long periods of the first half but we were unable to capitalize on our chances. With better composure in front of goal, Irymple may have gone into the sheds at half time with a lead but instead we had to settle with being on level terms. Our second half turned out to be much more fruitful as Locke Thornton latched onto a nice through ball to beat the Coomy keeper within minutes of the restart. Ross Panaretos headed home another from point blank moments later as our boys started to fire. Coomealla had no answer with strong defending and brilliant midfield play. Locke Thornton picked up a brace when he used his pace to get behind the Coomealla defense and send home a powerful strike past the keeper.

Our final group game was against Chaffey who had dismantled Trinity and Coomealla previously to the tune of 14 goals combined. Irymple were able to absorb a mountain of pressure from Chaffey early, with some great defending, but we couldn’t get a foothold into the game. At times we struggled to get the ball out of our own half as Chaffey pinned us back. Chaffey then turned the screws by scoring twice with late second half goals. However, our boys didn’t give up and with a couple of tactical changes including a slight change in formation we found ourselves moving the ball nicely. Midway through the second half, Brak Zambelli scored an inspirational goal with a long-range strike that had the Chaffey keeper completely bamboozled. With our heads up, Chaffey cracked under pressure and we equalized with an own-goal. Unfortunately we were unable to go on and win the game and we had to settle with a draw.

Overall, the team played some wonderful football and represented our school well. Well done boys, you should be proud of your efforts.

Mr Jarrod Kee – Soccer Coach  kee.jarrod.r@edumail.vic.gov.au

Indigenous Writer’s Workshop
On Friday 13th May a group of students from ISC attended an Indigenous Writer’s Workshop held at MDAS. (Mallee District Aboriginal Services) The presenter for this workshop was Tony Birch, a Miles Franklin Literary Award winner. The students selected to attend the workshop were Kyle Jackson, Milla Morgan, Montannah Ransome, Josh Jackson, Nikiesha Smythe, Kiara King & Zeek Cawley. Our school’s KESO (Koorie Engagement Support Officer) Victoria Van Schie and Ms Maryann (KESO Support) attended this day-long workshop, where students were encouraged to write about significant influences on their life.

It was an enjoyable day of story sharing and Tony was very impressed with our students and plans to make visiting our school a priority in the near future.

Ms Victoria Van Schie-Koorie Engagement Support Officer & Ms Maryann Porker – KESO Support  van.schie.victoria.v@edumail.vic.gov.au  porker.maryann.m@edumail.vic.gov.au
**Work Experience** – The final day to get Work Experience forms in to the Front Office is Friday 10th June. A lot of paperwork needs to be completed before a placement occurs and office staff need time to ensure this is done properly and legally.

**Yr.10 Latrobe University Visit** – All year 10’s will be heading to the Benetook campus on Friday for a presentation about options and opportunities in tertiary education and the many pathways available.

**Weekly Careers News** – Some of the items from the last few weeks included:

<table>
<thead>
<tr>
<th>May 24th</th>
<th>May 31st</th>
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<tr>
<td>Careers in trades and technical study</td>
<td>Veterinary Nursing and Veterinary Technology</td>
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<tr>
<td>Do you need a White Card? Prepare for the test using the White Card Game</td>
<td>Interested in becoming a pilot, firefighter, paramedic or joining the Australian Defence Force Academy?</td>
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<tr>
<td>Aged 16+ and live in Regional Victoria? The Heywire competition is now open.</td>
<td>Sign up for the InterContinental Insights Day and be in the running for a $40 000 scholarship at The Hotel School Melbourne</td>
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<td>Urban Futures competition - come up with an idea to solve an urban problem you’ve identified</td>
<td>Nuclear Medicine Scholarships at RMIT</td>
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<td>Careers in Mathematics, Science and Engineering</td>
<td>Plumbing pre-apprenticeships at the Plumbing Industry Climate Action Centre</td>
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<td>UMAT Preparation Day</td>
<td>Medical Laboratory Visits at RMIT</td>
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<td>Monash Computer Games Boot Camp</td>
<td>Science News from RIAUS</td>
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<tr>
<td>Robertson Scholars Leaders Program - study at Duke University or the University of North Carolina</td>
<td>BVAD Visual Arts Exhibition at the ACU Gallery Melbourne</td>
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<td>Enter your creative work into the Victoria University Offset Journal</td>
<td>Check out the health and wellbeing clinics at Victoria University (Dermal Therapies, Osteopathy, Nutrition, Psychology etc.)</td>
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<td>Study Medicine at the UNSW Port Macquarie campus</td>
<td>Boating Careers Day</td>
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<td>New Deakin University website - view more than 1000 course and career pairings!</td>
<td>Compare data between university, TAFE and private colleges at the QILT website</td>
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<td>Folio preparation and career discovery day programs at RMIT</td>
<td>Learn about the Aspire Generation program and the Aspire Early Admissions program at La Trobe University</td>
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<td>New chemical engineering and pharmaceutical sciences double degree at RMIT</td>
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<td>New partnership between Singapore and La Trobe University for Physiotherapy, Speech Pathology and Occupational Therapy</td>
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<tr>
<td>Interested in media and communications?</td>
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<tr>
<td>Aspire Early Admission program at La Trobe University - applications opening soon.</td>
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*Jackie Horkings – Careers/Pathways Coordinator  horkings.jackie.j@edumail.vic.gov.au*
Ciao,
My six month student exchange to Italy has by far been the best thing that I have ever done. Learning a new language, meeting new people and trying new foods really is a great experience.
My Italian is going great and I have started to think in two languages. My host family is amazing and I’m seeing quite a lot of Italy. Even though now I still have a month in this beautiful country, I look back on my time here and realise that I have grown a lot from when I first arrived. I have had brilliant opportunities to visit beautiful places in Italy such as the Italian Alps (see picture below), the sea in Liguria and the cities of Florence, Pisa, Milan and soon Venice. I have made new friends and had experiences that I will remember for the rest of my life.
I have also done things that I never thought I would be able to do, I currently do dance and I have even tried my hand at street magic. I am thoroughly satisfied with my exchange so far and I can’t wait to see what the next month will bring.
I highly recommend to anyone to do a student exchange if they have the opportunity and make the most of their time as I can guarantee it is the experience of a lifetime.
From Izaak Luitjes

Izaak is staying with his host family in Torino, Piemonte at the foot of the Alps in northern Italy. He is doing the language stream at school which he has found a little difficult because he is learning French, Spanish and Latin in Italian. His English teacher is his coordinator, so they are adapting his subjects. He also does English and Italian. Izaak returns to Australia on June 21st to complete Year 10 in Semester Two at Irymple Secondary College.
**Eisteddfod Results**

A number of students ought to be congratulated on their efforts in the Eisteddfod thus far. The month of competition began on Thursday 2nd with the Speech and Drama section taking place at Trinity Lutheran College, under the adjudication of Matthew Absalom, a university teacher and researcher, professional linguist, Italian language coach, translator author and accomplished public speaker. With all these credentials even Matthew had a difficult time awarding students first and second placings.

In the 14 years and under monologue solo, Maddie Storer equaled second with four other students. We shone in the character duologue with first place awarded to Latara Trigg and Isabel Wheatley, second place to Amelia Hill and Isabella McIntyre for their letter to Dear Santa, and honors going to Joshua Maloney and Regan Kerslake.

The evening session monologue solo winners were Lily Tindall and also Bethany Curran for her monologue as Titania in Shakespeare’s Midsummer Night’s Dream. Ruby Underwood performed beautifully and won in the pianoforte section on Saturday and our congratulations are extended to past Irymple student, Abe Kortekaas, for both his wins in his nominated sections. The Eisteddfod is still in progress and further results will be recorded. I would like to wish all contestants the best of luck and remind them to enjoy the process and have fun.

**Ms Noeleen Davis – Drama Teacher**
davis.noeleen.m@edumail.vic.gov.au

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**End of Year Variety Night**

Our theme this year is ‘At The Movies’ see attached submission form to be returned to Mrs Davis by June 17th. Extensions will be granted with negotiation.

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**VARIETY NIGHT**

**CALL FOR SUBMISSIONS**

This year’s theme: **A NIGHT AT THE MOVIES**

Can you sing, dance, act or produce?
Then Irymple Secondary College is looking for you!
The Variety Show is being held on October 26th and 27th this year.

The ISC Drama Committee for Variety night is calling for submissions for acts to be included in the night of nights!

Submissions must be received before **Friday 17th June 2016**
Please complete the attached form and return it to Ms Davis or the front office.

**TIMELINE**

**Term 2** Friday 17th June – submission cut-off date
**Term 3** Friday 15th July – acts announced. Rehearsal time at Drama Club each week if wanted
If performances are not performance ready by Friday 9th September then they may be removed
**School Holidays (17th Sept-2nd Oct)** Dress rehearsal
**Term 4** Weekly rehearsals at Drama Club – compulsory
Bump-In – October 25th Performance Date: October 26-27th
**Performance submissions will be considered if they adhere to the following conditions:**

No debauchery, death or distasteful language, please make sure it is a light hearted performance.

NO more than **4 mins** in length

It can be singing, dancing, scenes from a film, skits or a combination of all, but it must relate to a movie

Costumes can be provided, but must remain within budget (approx. $50 per act, any further expenses will be at performers own cost)

Music will be organised by the committee/ senior production crew

**SUBMISSION DETAILS**

<table>
<thead>
<tr>
<th>NAME OF ACT:</th>
<th>COMMITTEE USE ONLY</th>
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<tbody>
<tr>
<td>FROM THE MOVIE or WRITTEN BY:</td>
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<td>JUNIOR PRODUCER:</td>
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<td>NUMBER OF CAST:</td>
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<td>NAMES OF CAST MEMBERS:</td>
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<td>LENGTH OF PERFORMANCE:</td>
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<td>MUSIC REQUIRED:</td>
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<td>PROPS REQUIRED:</td>
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<tr>
<td>SPECIAL EFFECT REQUESTS:</td>
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Final approval for inclusion belongs to the ISC Drama Production Committee & senior production crew

Each junior producer is responsible for completing the submission and ensuring that their cast is attending rehearsals and meets obligations to ensure their performance is ready to be on stage, otherwise, the committee has the authority to remove acts.

Submissions will be approved in July and performance rehearsals can occur in the Drama room at lunchtimes, or at the Drama Club, on Wednesday's after school.
When it comes to talking about drugs, extensive research conducted with Australian parents and children tells us that young people appreciate parental advice and look to their parents for their views.

One of the most effective deterrents to drug use among young people is a parent who wants to spend time with them – someone who talks with them about their friends, what goes on at school, the sport they play and what interests them. The more parents and other family members get involved in children’s lives, the more positive young people will feel about themselves and the more likely they will be to respond favourably to their family’s views.

Here are 10 ways to encourage your children to talk about drugs with you.

1. **Be an active part of their lives** - Set aside time to spend with your children. Take an interest in their activities and establish a routine for doing things with them. Spending time as a family is important, like eating together every day. When they go out, don’t be afraid to ask where they’re going or who they’ll be with.

2. **Listen to your children** - Showing that you’re prepared and willing to listen will help your children feel more comfortable about talking with you. During a conversation try not to interrupt them or react in a way that will stop whatever you’re discussing. Encourage them to feel comfortable about telling you their problems, and ask for their input on family decisions to show that you value their opinions.

3. **Be a role model** - When it comes to drugs there’s no such thing as ‘do as I say, not as I do’. If you take drugs yourself you can’t expect your children to take your advice. It’s important not to underestimate the influence your behaviour has on them, particularly when it comes to alcohol or tobacco, or misuse of medications.

4. **Be honest with them** - It’s natural that you won’t necessarily know everything about drugs. So while it’s important to be informed, you shouldn’t pretend to have answers to every question. Be prepared to say ‘I don’t know but I’ll find out for you’. If you’re honest and clear about where you stand, your children will find it easier to be honest with you.

5. **Pick your moment** - Make sure you pick the right time to discuss drugs with your children by looking for natural opportunities as they arise. This might be when you’re all watching TV, or when they’re talking about their friends and/or someone at school.

6. **Be calm throughout** - When it comes to talking about drugs, being calm and rational is important. Do not overreact. Don’t ridicule or lecture, as this could make future discussions about drugs more difficult and make your children more resistant to talking about them at all.

7. **Avoid conflict** - It’s difficult to solve a problem when there’s a conflict. Try to see your child’s point of view while encouraging them to understand yours. If a confrontation does develop, stop the conversation and come back to it when everyone is calmer.

8. **Keep talking** - Once you’ve had a discussion about drugs it’s important to have another. Start talking to your children about drugs early, and be willing to talk to your children about the issue at any time.

9. **Set clear boundaries** - Generally young people expect and appreciate some ground rules. By actively involving them in setting the rules you can encourage them to take more responsibility for sticking to them. Once you’ve decided on these rules, enforce them, and let your children know the consequences of breaking them. Discuss and agree to ways your children will act if they find themselves in difficult situations. For example, let them know that you’ll always collect them if they need you to, whatever the hour. However, make it absolutely clear that you would rather they didn’t put themselves in such a situation in the first place.

10. **Focus on positives** - Recognise your children’s good behaviour and emphasise the things they do well. Encourage them to feel good about themselves and let them know that they deserve respect and should also respect themselves.


**Ms Julia Lohmeyer – School Nurse**  
Lohmeyer.julia.m@edumail.vic.gov.au
UNIFORM REQUIREMENTS AND SUPPLIERS
Lowes Mildura are the official supplier of the Irymple Secondary College Uniform.
Below is an important reminder of the uniform requirements at the College.

**Boys Uniform**
- **Polo T-Shirt** White or navy with ISC logo.
- **Polo Long sleeve shirt** White or navy with ISC logo.
- **Shorts** Grey with elastic waist
- **School Track pants** Dark grey fleece with ISC logo
- **Trousers** Grey, long with elastic
- **Rugby Top** Wool blend, washable, light blue with dark blue and white stripes with ISC logo.
- **Jumper – Wincheater** Navy crew-neck jumper with ISC logo
- **Jumper – Polar Fleece** Navy polar fleece jumper with logo
- **Socks** White or grey
- **Hat** Navy – wide brim
- **Black Shoes with black or white laces**

**Girls Uniform**
- **Polo T-Shirt** White or navy with ISC logo.
- **Polo Long sleeve shirt** White or navy with ISC logo.
- **Skirt** Grey, straight with zip pocket.
- **Shorts** Grey with elastic waist OR grey, tailored & cuffed
- **Dress** Irymple Secondary College regulation fabric
- **School Track pants** Dark grey fleece with ISC logo
- **Pants** Grey, long stretch fabric
- **Trousers** Grey, long with elastic
- **Rugby Top** Wool blend, washable, light blue with dark blue and white stripes with ISC logo.
- **Jumper – Wool knit** Navy, knitted V-neck with ISC logo
- **Jumper – Wincheater** Navy crew-neck jumper with ISC logo
- **Jumper – Polar Fleece** Navy polar fleece jumper with logo
- **Socks** Navy, 70 denier
- **Hat** Navy – wide brim
- **Black Shoes with black or white laces**

**Physical Education (PE) Uniform (boys & girls)**
- **T-shirt** – White and Blue with ISC logo
- **Shorts** – Navy, basketball shorts, short or long in length

**PLEASE NOTE:** Hoodies and Beanies are not permitted, Scarves are to be grey, white or navy only.

Irymple Secondary College thanks the following

- Lowes Mildura
- Shop T47 Mildura Central
  Cnr 15 St & Deakin Ave, Mildura
  Phone: 03 5021 0463

**For every pair of school shoes or runners purchased from the Athletes Foot $5.00 goes to the school to be put towards sporting equipment. This offer is open to students and parents who purchase shoes from the Athletes Foot. If you’re in the market for a new pair of shoes, please consider purchasing them from the Athletes Foot and let the shop assistant know that you are from ISC. We thank you for your support.**